

DIABETES & DISASTERS: Improving preparedness

10th Anniversary of Hurricane Katrina

On August 29, 2005,
Hurricane Katrina hit
New Orleans and the surrounding
Gulf Coast states.



More than one million
people were displaced.ⁱ

9% of the population
in New Orleans affected
by Hurricane Katrina
had diabetes.ⁱⁱ



Nearly 25% of
those with diabetes
in New Orleans
were relying
on insulin
therapy.ⁱⁱⁱ



Access to
diabetes care
was severely
impaired with the
collapse of the health
care infrastructure.ⁱⁱⁱ

After Katrina, **Lilly Diabetes**
and the **American College of
Endocrinology** collaborated to help
people with diabetes plan in advance for
emergencies – big or small – by **creating
the My Diabetes Emergency Plan.**

Lilly | DIABETES



More than 12 million
**My Diabetes Emergency
Plans** have been distributed
in the last 10 years.

There were 15 hurricanes in 2005^{iv} vs.
six in 2014.^v **There is no way to
predict how many will
strike in the future.**



**Be prepared. Log on to
www.mydiabetesemergencyplan.com**
to learn how to pack a diabetes emergency kit.



To build a Weather-Ready Nation, it takes every community – every
business – every individual. Be a Force of Nature by knowing your risk,
taking action to prepare, and being an example in your community.

– Douglas Hilderbrand, Weather-Ready Nation lead, National Oceanic and Atmospheric Administration (NOAA)

ⁱ <http://www.datacenterresearch.org/data-resources/katrina/facts-for-impact/> Accessed July 8, 2015.

ⁱⁱ Ford ES, Mokdad AH, Link MW, Garvin WS, McGuire LC, Jiles RB, Balluz LS. Chronic disease in health emergencies: in the eye of the hurricane. *Prev Chronic Dis.* 2006 Apr; v.3(2).

ⁱⁱⁱ Cook CB, Wellik KE, Fowke, M. Geoenvironmental Diabetology. *J Diabetes Sci Technol.* 2011; 5(4): 834-842.

^{iv} <http://www.nhc.noaa.gov/data/tcr/index.php?season=2005> Accessed July 8, 2015.

^v <http://www.nhc.noaa.gov/data/tcr/index.php?season=2014> Accessed July 8, 2015.